

Updates to Enteral Nutrition Prescription Requirements

October 4, 2023; Updated October 6, 2023

Background

The purpose of this alert is to notify prescribers of the following updates to the Medi-Cal Rx prescription requirements for enteral nutrition products.

- Medi-Cal Rx now allows additional prescriber types to place enteral nutrition orders.
- The height and weight documentation requirement is no longer required on the prior authorization (PA) submission.



All other enteral nutrition prescription and PA requirements remain in place.

What Pharmacy Providers and Prescribers Need to Know

Medi-Cal Rx has modified the prescription requirement for enteral nutrition therapy orders. Effective September 22, 2023, the member's physician, nurse practitioner, clinical nurse specialist, or physician assistant may submit the enteral nutrition orders. Additionally, the height and weight documentation requirement is no longer required. However, this information may assist in determination of cases where additional consideration for quantity limit review is needed.

Updated Enteral Nutrition Prescription Requirements:

- A written or electronic prescription signed by a physician, nurse practitioner, clinical nurse specialist, or physician assistant is required for authorization of all enteral nutrition products.
- The prescriber's full name, address, and telephone number must be clearly supplied if not preprinted on the prescription form.

PA Documentation Requirements:

- Medical diagnosis code related to the product requested.
- Optional: height (length) and weight.
- Daily caloric requirements.
 - This information (along with other medical measurements and labs) must be dated within 365 days (12 months) of the request with the exception of specialty infant products which must be dated within 120 days (4 months) of the request.
- Route of administration (orally fed or tube fed).
- 11-digit product NDC.
- Clinical documentation to support request for non-listed ICD-10 diagnosis, when applicable.



When submitting PAs for enteral nutrition products via fax or U.S. Mail, Medi-Cal Rx recommends utilizing the new [Medi-Cal Rx Enteral Nutrition Prior Authorization Request Form](#).

Contact Information

You can call the Medi-Cal Rx Customer Service Center (CSC) at 1-800-977-2273, which is available 24 hours a day, 7 days a week, 365 days per year.

For other questions, email Medi-Cal Rx Education & Outreach at MediCalRxEducationOutreach@magellanhealth.com.