

Opill® Available Over-the-Counter Under Medi-Cal Rx Prescription

March 29, 2024

Background

The purpose of this alert is to inform pharmacy providers and prescribers about the addition of the over-the-counter (OTC) oral contraceptive, Opill® (norgestrel 0.075 mg), to the <u>Medi-Cal Rx Contract Drugs List</u> and <u>Medi-Cal Rx Family Planning</u>, <u>Access, Care, and Treatment Pharmacy Formulary</u>.

What Pharmacy Providers and Prescribers Need to Know

The U.S. Food and Drug Administration (FDA) has approved the OTC oral contraceptive, Opill (norgestrel 0.075 mg) tablets as the first daily oral contraceptive available over-the-counter or without a prescription requirement. Medi-Cal members can receive Opill from a Medi-Cal enrolled pharmacist who furnishes self-administered hormonal contraception under a protocol in accordance with California Law (CCR 1746.1 and BPC 4052.3). Prior to dispensing these self-administered medications, a pharmacist is required to provide the Medi-Cal member with a self-screening patient intake form. If the pharmacist deems the selected medication is appropriate, they will provide counseling including direction for self-administered usage, potential risks associated with medications, and risk for HIV and other sexually transmitted infections. Medi-Cal members are encouraged to self-screen at minimum every 12 months, and pharmacists shall notify the Medi-Cal member's primary care provider after dispensing the medication. If the Medi-Cal member does not have a primary care provider, the pharmacist can provide a written record of the medication that was furnished to the Medi-Cal member. Medi-Cal enrolled pharmacies are encouraged to have pharmacists register as Ordering, Rendering, and Prescribing (ORP) providers to be eligible for contraceptive furnishing services to ensure access for Medi-Cal members.

Alternatively, Opill is available through Medi-Cal Rx without a prior authorization (PA), but a prescription is required.

Note: The update will be reflected in the April 1, 2024, publications of the <u>Medi-Cal Rx Contract</u> <u>Drugs List – Over-the-Counter Drugs and Cough/Cold Preparations</u> and <u>Medi-Cal Rx Family</u> <u>Planning, Access, Care, and Treatment Pharmacy Formulary</u>.

Contact Information

You can call the Medi-Cal Rx Customer Service Center (CSC) at 1-800-977-2273, which is available 24 hours a day, 7 days a week, 365 days per year.

For other questions, email Medi-Cal Rx Education & Outreach at MediCalRxEducationOutreach@primetherapeutics.com.

To register as a Medi-Cal ORP provider, pharmacists can complete an ORP application using the Provider Application and Validation for Enrollment (PAVE).

